



## ***New View Health and Wellness, LLC***

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### **Massachusetts Resources**

#### *Pediatric Services and Young Adults:*

**McLean-Franciscan Child and Adolescent Inpatient Program Main Phone 877-626-8140**  
**<https://www.mcleanhospital.org/treatment/youth-programs>**

#### Treatment Programs:

- Adolescent Dialectical behavior therapy programs for depression, anxiety, PTSD, and borderline personality disorder.
- Child and Adolescent OCD Institute; treatment for obsessive compulsive disorder, specific phobias, panic attacks, and anxiety disorders
- McLean Anxiety Mastery Program; outpatient treatment with anxiety, phobias, panic attacks, agoraphobia, obsessions, and compulsions.
- Intensive Services and Outpatient Services

#### Academic Programs:

- Arlington School- college preparatory high school that integrates strong academics with clinical support for students with mental health issues that can interfere with their education
- Pathways Academy – Year-round, therapeutic, day schoolwork to meet social, sensory, psychological, and educational needs of youths ages 6 through 22 with autism spectrum disorders.
- College Mental Health Program

#### Locations

Main Campus- 115 Mill Street, Belmont, MA Main 877-626-8140  
McLean Southeast- 23 Isaac Street Middleborough, MA 02346  
McLean Southeast at Oak St - 52 Oak Street, Middleborough, MA 02346  
Arlington Campus- 18 Claremont Ave, Arlington, Ma 02476  
Cambridge Outpatient – 799 Concord Ave Cambridge, MA 02138  
Franciscan Children's- 30 Warren St, Boston MA 02135

**Seven Hills Foundation and Affiliates Main Phone 508-755-2340**

#### Treatment Services

- Outpatient Therapy – individual, family, couples, group counseling
- Child and Adolescent psychiatry

- Mental health consultation
- CHBI and BHCA Services: In-home Therapy and Therapeutic Mentoring
- DCF Support and Stabilization Services; Therapeutic Tracking, Family Stabilization Services and Positive Parenting
- Home-based Services
- School-based Services
- Child and Adolescent Services
- Early Childhood Mental Health
- Intensive Care Coordination
- Adolescent Substance Abuse
- Psychological Testing and Assessment

Locations

Behavioral Health Worcester 81 Plantation Street, Worcester, MA 01604; Phone 508-571-1609

Email: [Echeyne@sevenhills.org](mailto:Echeyne@sevenhills.org)

Behavioral Health Worcester- 70 James Street, Worcester, Ma 01604; Phone 508-571-1601

Email: [EHundley@sevenhills.org](mailto:EHundley@sevenhills.org)

**Center for Human Development Main 413-733-6624**

Treatment Services

- Emotional and Behavioral Health
  - Counseling & Therapy
  - Primary Care Behavioral Health
  - Community Support Services
  - Children’s Behavioral Therapy
    - In-Home Therapy
    - Therapeutic Mentoring
- Psychiatric Care
  - STAR Program Day Treatment
  - Community Support Program (CSP)
  - Adult Community Clinical Services
- Addiction Recovery
  - Outpatient Recovery Services
    - Adolescent Community Reinforcement Approach (A-CRA)
    - Recovery Coaching and Navigation
    - Medically Assisted Treatment (MAT)
    - Parents in Recovery
  - Residential Homes for Adults and Families
    - Aster House
    - Grace House
    - Two Rivers
  - Residential Homes for Young Adults
    - Goodwin House
- Child Development and Advocacy
  - Early intervention program
  - Big Brother Big Sisters of Hampshire County
  - Foster Care

- Court-appointed Special Advocates (CASA) of Hampden County
- Maryanne's Kids
- Housing, Hunger, and Family Support
  - Family outreach of Amherst
  - Not Bread Alone
  - Family Housing and Shelters
  - Runaway and Homeless Youth Shelters
    - Safety Zone
    - Maternity Homeless Youth Shelters

Locations:

Center for Human Development 332 Birnie Ave Springfield, MA 01107 Main 413-733-6624  
 More locations, call to make appointment and get addresses; Amherst, MA; Brimfield, MA;  
 Chicopee, MA; East Longmeadow, MA; Greenfield, MA; Holyoke, MA; Longmeadow, MA;  
 Ludlow, MA; Northampton, MA; Orange, MA; Palmer, MA; Pittsfield, MA; South Hadley, MA;  
 Southwick, MA; Three Rivers, MA; Ware, MA; West Springfield, MA; Westfield, MA

*Adult Services*

**Seven Hills Foundation and Affiliates Main Phone 508-755-2340**

Information listed above

**Center for Human Development Main 413-733-6624**

Information listed above

**McLean-Franciscan Child and Adolescent Inpatient Program Main Phone 877-626-8140**

<https://www.mcleanhospital.org>

Treatment Services

- Addiction
- Anxiety
- Bipolar Disorder
- Borderline Personality Disorder
- Depression
- Eating Disorders
- OCD
- Schizophrenia
- Trauma Disorders

Geriatric Services

- They are a leader in older adult mental health, including treatment, research, and education for mental illnesses unique to older adults.

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## *LGBTQ+ Services*

### **Edward M. Kennedy Community Health Services Main 800-853-2288**

#### Treatment Services

- Gender affirming hormone therapy and monitoring
- Referrals for gender affirming surgery
- LGBTQ informed mental and behavioral health care
- LGBTQ informed comprehensive medical care, including gynecologic care and pregnancy care
- STD/STI/HIV testing
- HIV care and services
- PEP and PrEp
- Substance use disorder services
- On site trans- and LGBTQIA+ friendly social services, pharmacy, dental and laboratory services

#### Location

Worcester – 631 Lincoln Street, Worcester, MA 01605 Main 508-595-0751

Framingham – 354 Waverly Street, Framingham, MA 01702 Main 508-370-0113

Milford – 42 Cape Road, Milford, MA 01757 Main 508-270-5750

## *Eating Disorders*

### **Walden Behavioral Care Main 888-305-2997**

#### Treatment Services

- Inpatient
  - High level of medical and psychiatric support out of Dedham, MA
  - Medical and psychological stabilization
  - Interruption of eating disorder behaviors
  - Development of treatment plan and goals in preparation for lower levels of care
  - Group therapy
    - Cognitive Behavioral Therapy
    - Dialectical Behavioral Therapy
    - Expressive Therapy
    - Relapse Prevention
    - Communication Skills
  - Adult Inpatient Eating Disorder Treatment
- Residential
  - Prepare you for real-life experiences outside of treatment
  - Interrupt and reduce eating disorder behavior
  - Establish (or re-establish) normalized eating patterns
- Partial Hospitalization
  - Provides a structured day support for teens and adults of all genders who do not need overnight support.
  - Group therapy
    - Cognitive Behavioral Therapy

- Dialectical Behavioral Therapy
  - Family-based treatment (for adolescents)
  - Expressive Therapy
  - Nutrition Education
  - Relapse Prevention
  - Communication Skills
- Intensive Outpatient
  - The program runs three mornings a week for 3 hours a day allowing for most people to still work or go to school.
- Virtual PHP and IOP Programs
- They treat:
  - Anorexia
  - Bulimia
  - Binge Eating Disorder
  - ARFID (Avoidant/Restrictive Food Intake Disorder)
  - OSFED
  - Orthorexia
  - Co-Occurring Disorders

### Locations

#### Massachusetts Eating Disorder Clinics

- Amherst – 100 University Drive, Amherst, MA 01002 Phone: 413-582-0100
- Braintree – 100 Grossman Drive, Suite 404 Braintree, MA 02184 Phone: 781-380-0695
- Peabody – 2 Corporation Way, Suite 260, Peabody, MA 01969 Phone: 978-531-2904
- Waltham – 69 Hickory Dr. Suite 2000 Waltham, MA 02451 Phone 781-899-2460
- Westborough – 112 Turnpike Road, Suite 100, Westborough, MA 01581 Phone: 508-796-5797

#### Massachusetts Eating Disorder Inpatient Unit and Residential Unit

- Dedham – 10 Carematrix Drive, Dedham, MA 02026 Phone 888-305-2997